

# extreme tennis

## CHRISTMAS NEWSLETTER 2020

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Wilson



Merry



Christmas!

*END OF YEAR COACHING~*

All lessons for Term 4, 2020 are now complete. We hope that all pupils have enjoyed their return to coaching and the sport after what can only be described as a trying year! Remember to keep up your hitting practise over the holidays and utilize the courts whilst you can.....

Listed below are the Term 1/2021 commencement dates. Invoices will be sent to you via email stating your child's day & time on it. Lesson day & time will remain the same unless we notify you otherwise.

Please call/email us prior to Monday 11/1/2021 should you wish to request any day or venue changes, as classes will be finalized and invoices emailed in the week 11-18th Jan January 2021.

*If you are not intending to return to coaching next year, please have the courtesy to notify us ASAP, as a place is being held for you. We can then advise people who may be on a waiting list of available vacancies.*

**MONDAY 1ST FEBRUARY 2021**

**TUESDAY 2ND FEBRUARY 2021**

**WEDNESDAY 27TH JANUARY 2021**

**THURSDAY 28TH JANUARY 2021**

**FRIDAY 29TH JANUARY 2021**

On behalf of the Extreme Tennis Coaching Team, we would like to thank you for your support over the trying times and tennis stop starts endured in 2020. We look forward to getting you back on court in a safe environment and some normality in 2021.

Wishing everyone a very Merry Christmas and safe, happy and prosperous New Year!

### PLEASE NOTE:

THE OFFICE WILL BE CLOSED FROM MON 21ST DEC TO MON 11TH JAN 2021. DURING THE REMAINDER OF THE SUMMER HOLIDAYS THE OFFICE WILL BE OPEN ON A "DEMAND/NEEDS" BASIS. HENCE, SHOULD YOU REQUIRE RACQUET ASSISTANCE, RESTRINGS OR WISH TO BOOK PRIVATE LESSONS, PLEASE PHONE OUR MOBILES TO ARRANGE A SUITABLE TIME.

### COACHING PRICES (AS OF 1st JANUARY 2021 G.S.T Incl)

We wish to advise a slight increase to our pricing structure as a result of the standardised professional coaching association recommendations/review. Please note based on this information, we are still charging below the RRP in nearly all of our programs offered. All prices are GST inclusive.

**Wilson Super Squad:** an increase of \$2 per session  
(6 month program & includes Squad shirt)

**\$306.00 (when combined with ET coaching)**

**\$396.00 (in isolation)**

**THERE WILL BE NO CHANGES TO ALL GROUP PRIVATE, SEMI PRIVATE & CARDIO PRICE STRUCTURES OR OTHER PROGRAMS. OFFERED**

QUOTE

TO

PONDER:



"I fear no one, but respect everyone"

Roger Federer



Have your contact details changed or are you yet to register your email address with us???? IF YES..... COULD YOU PLEASE DROP US A LINE A.S.A.P ON OUR EMAIL. IT IS **CRUCIAL** THAT YOUR DETAILS ARE UP TO DATE AS OUR ADMINISTRATION SOFTWARE PROGRAM OPERATES BASED ON THIS INFORMATION—including emergency SMS. Thank You for your attention to this matter.



Australian Open - 8 to 21 February 2021



## **ADULT TWILIGHT COACHING CLINICS**

A huge hit in 2020 when we could get out on court, these monthly clinics will be returning in 2021.

Check our website for 2021 dates & details to be posted shortly.

### **VENUE:**

Upwey South TC – Eloera St, Upwey

**Monday 8th February & Tuesday 9th Feb 2021 will be our first sessions respectively.**

EVENING FORMAT—7.30-9pm

45 mins technique & 45 mins strategy/match-play

4-8 pupils per session

COST: \$20 per session (GST INCL)

(24hr cancellation required otherwise full fee charged)



## **Cardio Tennis Adult Workout**



Combining music, exercise, tennis and competition! Cardio workout sessions have been a hit for over 16 years & will return in 2021! Currently there are over 30 adults involved in the program.

Sessions are conducted:

Tuesday mornings 9.30-10.30am @ Ferny Creek TC

Monday (Inter-Adv) & Tuesday evenings (Beg-Inter) 7.30-8.30pm & Friday mornings 9.30-10.30am @ Upwey South T/C .

Interested in trying it out? Ring and reserve your place—the first session is FREE! So why not come and do a trial? [See our website for further details.](#) In 2021, we will continue to give participants the option of paying for a block at a discounted rate or players can continue to attend on a casual basis (Night sessions only) **Cardio sessions will resume week beginning FRIDAY 29th JANUARY 2021 onwards.**

## **TUESDAY NIGHT JUNIOR TOURNAMENTS @ FERNY CREEK T/C 4.30PM –6.30PM**

Fun & good match practice!

- Singles and doubles match play
- Trophy, hot dog and drink included
- Remember you don't have to be a member to play - all welcome!

*Term 1 /2021 DATES:*

**Tuesday 16th February 2021**

**Tuesday 16th March 2021**

**Bookings are now open.**



## **HOT SHOTS TOURNAMENTS**

With COVID 19 stopping us in our tracks our tournaments were limited, however we look to return bigger, better and stronger in 2021.

Round Robin Match-play format

- Children play 4 timed matches – 3 singles & 1 doubles
- On court supervision-Hot Shots rules apply – modified balls/scoring
- Red, Orange & Green stages graded sections
- Includes sausage sizzle/hot dog & fruit drink during session's play
- Trophy presentation at end of session's play

**Term 1 / 2021 Dates:**

**Wednesday 17th February @ Ferny Creek TC**

**Thursday 18th February @ Upwey South TC**

**Wednesday 17th March @ Ferny Creek TC**

**Thursday 18th March @ Upwey South TC**



**UPDATE**



**Australian Open 2021 will take place at Melbourne Park from 8 to 21 February. Tickets will go on sale on Wednesday 23 December via [ticketmaster.com.au](https://www.ticketmaster.com.au)**

“This will be an historic Australian Open on so many levels,” Australian Open Tournament Director Craig Tiley said.

“For the first time in more than 100 years the Australian Open will start in February and we look forward to offering the players what we believe will be one of their best playing experiences in 2021.

“From the outset, ensuring players have the best possible preparation for the Australian Open, while at all times protecting the precious COVID-free environment that the Victorian community has built through incredible sacrifice and hard work over the past six months, has been paramount.

“It has taken eight months of working alongside government authorities, here in Victoria, nationally and interstate, to give us the opportunity to present an Australian Open that will play a major role in both the economic and psychological reinvigoration and rejuvenation of Melbourne and Victoria.

“AO 2021 is going to be all about supporting local businesses – our tennis coaches, the farmers, food and wine producers, chefs, artists and musicians – and celebrating everything that is great about our country, as well as providing opportunities to those who’ve been so hard hit during the pandemic, particularly in Melbourne and Victoria.”

Australian Open 2021 will feature singles, doubles and wheelchair competitions. AO qualifying will be held offshore, with the women’s event taking place in Dubai, and men’s qualifying in Doha from 10-13 January. The AO Junior Championships has been postponed until later in the year.

Players will compete for more than \$80 million in prize money during their time in Australia, with the AO total prize pool remaining at the 2020 level of \$71.5 million. Players exiting in the first round of the AO will take home \$100,000, up 15 per cent from 2020. There have also been significant increases to prize money for qualifying and the early rounds, with the full breakdown to be provided in the coming weeks.

The world’s top players have been eagerly awaiting final confirmation of the AO dates and details and can now prepare to arrive in Australia from 15 January and undertake mandatory quarantine for 14 days. All players and their teams arriving for the AO are above and beyond the numbers of returning Australians. Tiley originally wanted players to fly in from mid-December so they could undergo quarantine before playing traditional warm-up events.

But state premier Dan Andrews reportedly only wants players to arrive from early January — making it impossible to play the build-up events before the original start date.

“Melbourne is the home of the biggest sporting events and it’s fantastic that arrangements have been settled for Melbourne Park in February,” Acting Minister for Tourism, Sport and Major Events Jaclyn Symes said.

“The 2021 Open will look a bit different and that’s necessary to ensure the safety of everyone, from players, ballkids and the wider community.”

Let’s hope it all stays on track!



*extreme tennis*



## AUSTRALIAN OPEN JUNIOR TENNIS CLINICS 2021 (Designed for ages 5-15)



**CONDUCTED BY CLUB COACHES  
Stuart & Diana Sutterby**

Tennis Australia Club Professionals, A.T.P.C.A Reg. Lvl 2, T.C.A.V. Reg. Adv. Coach, Bach of Teaching

**Thursday 14<sup>th</sup> January 2021 &  
Monday 18<sup>th</sup> January 2021**

@

**UPWEY SOUTH T/C - Eloera St, UPWEY**

(Friday 15<sup>th</sup> Jan & Tuesday 19<sup>th</sup> Jan—spare days respectively in case of inclement weather)

### **FORMAT:**

#### **MORNING SESSION:**

**9:00 - 12:30pm (includes lunch)**

#### **FOCUS: Skill development**

Technique – correction and analysis, physical training, sportsmanship, court etiquette, fun, games & prizes.

#### **AFTERNOON SESSION:**

**12:00 - 3.30pm (includes lunch)**

#### **FOCUS: Tournament/Match play**

All Hot Shots pupils rally & score. Hot Shots starter tournaments are a great way for pupils to experience the thrill of match play in a multi-match round robin format. Pupils play in their own colour ball programs/levels - red, orange and green- against players of similar ages under qualified coach supervision.

11+ age group will play round robin using normal yellow balls.

Tactical aspects of the game are also discussed via feedback from coaches.

**-Trophies and prizes will be awarded to the best achievers-**

*\*Both sessions include a sausage sizzle lunch & drinks for all participants\**

**BOOK A MORNING, AFTERNOON or BOTH SESSIONS – the choice is yours!**

**COST: (GST incl)**

**\$35 per half day session**

**\$65 for full day**



**For bookings or enquiries please contact Stuart or Diana Sutterby**

**9759 6475 / 0412 106 416 / 0403 525 111**

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# MONTHLY ADULT TOURNAMENTS

WEDNESDAYS 7:30 PM - 9:30 PM

TERM 1/2021 DATES

17TH FEBURARY , 17TH MARCH

SELBY TENNIS CLUB, Charles St, Selby

FORMAT:

16 PLAYERS - RANKED 1-16  
TOP 4 SECTION 1  
NEXT 4 SECTION 2 & SO ON...

COST :

\$20 PER EVENT  
\$40 PER TERM

- 3 SETS OF DOUBLES

- ONE SET WITH EACH PARTNER IN YOUR GROUP

BEGINNER - ADVANCED PLAYERS CATERED FOR

**BOOKINGS NOW OPEN!**

**WINNERS & RUNNERS UP RECEIVE PRIZES ON THE NIGHT**



**THIS PROGRAM THAT WILL COMPLIMENT OUR ADULT CARDIO CLASSES & MONTHLY ADULT CLINICS BY PROVIDING A PATHWAY FOR SOME COMPETITIVE MATCH PLAY.**

**For Bookings - email the office:**

**contactus@extremetennis.com.au or call Stuart on 0412 106 416**